

The control and
treatment of
Blepharitis




SpectrumThea

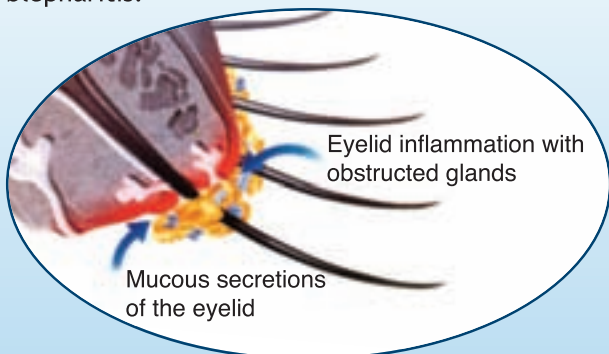
What is Blepharitis?

Blepharitis refers to inflammation of the eyelids. Oils and other products normally secreted by the eye and eyelids build up on the lid surface and eyelashes resulting in eye irritation and often redness. It's a common disorder that can be easily treated & managed but not cured.



Signs & Symptoms

Eye irritation, burning, tearing, foreign body sensations, crusty debris (in the lashes, in the corner of the eyes or on the lids), dryness and red eyelid margins are all signs & symptoms of blepharitis.



How can eyelid hygiene help?

Developing a regular routine of eye hygiene is essential in the treatment of blepharitis as it tends to recur and rarely disappears completely. It is important that you clean your eyelids every day, whether or not you are experiencing any symptoms. You should consider it part of your daily routine, like showering or brushing your teeth. Daily eyelid care helps prevent the build up of oils and crusted matter around the eyelid and lash area.

What can I use to help me manage my blepharitis?

Blephasol® - A unique mode of action:



- Lid margin and skin cleansing
- First and only **Preservative Free** treatments specifically formulated for Blepharitis by Ophthalmologists & Dermatologists
- Detergent, Perfume & Alcohol Free
- Easy to use 100ml bottle, with no need to mix or rinse afterwards
- Suitable for use with all contact lens

Use Blephasol as directed, usually once or twice a day. Put solution on to a cotton wool pad or gauze and gently wipe along the lower inner eyelid, the upper eyelid and lash area to remove accumulated oily debris and crusted matter from the eyelid and lash area. There is no need to rinse afterwards. Repeat for the other eye using a different pad or gauze.

Blephaclean®



- 20 ready to use sterile pads
- Hygiene and repair of eyelids and the lid margin
- First and only Preservative Free treatments specifically formulated for Blepharitis by Ophthalmologists & Dermatologists
- Detergent & Perfume Free
- No need to rinse afterwards
- Hyaluronic Acid - a natural hydrating and repairing agent
- Iris Florentina and Centella Asiatica content - helps to stimulate synthesis of collagen and has an anti-inflammatory action
- Suitable for use with all contact lens

Use Blephaclean as directed, usually once or twice a day. Simply remove wipe from sachet and gently wipe in exactly the same way as described for Blephasol.

Blephagel®



- Paraben & Perfume Free
- Suitable for sensitive skin, eyelids & eyes
- Can be recommended to contact lens wearers
- Provides a sensation of freshness
- Softens and soothes the eyelids
- Non sticky/greasy product
- 94% of users consider it easy to use

Use Blephagel as directed, on average twice a day. Apply a small amount of Blephagel to a cotton wool pad or gauze. With your eye closed, delicately apply on eyelids and lash roots. Using small circular movements gently rub eyelids and lash roots with pad until all residues are removed. Remove left over Blephagel with a clean pad. Repeat for the other eye using a new pad. If preferred Blephagel can be left on overnight and gently wiped away in the morning.

How long should I use the Blepha Range for?

As Blepharitis is a chronic condition you should continue using the products until your healthcare professional advises you to stop.

Your Healthcare Professional recommends that you use the following product/s to treat your blepharitis:



Blephasol



Blephaclean



Blephagel

Patient Testimonial

"I have been plagued with blepharitis for many years. My Optician suggested I use Blephaclean and it ACTUALLY works. It is convenient and easy to use!" Mrs L, Dunoon